

St. John the Baptist Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America Diocese of Los Angeles and the West

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Send announcements for the bulletin and/or website to bulletin@stjohnorthodox.org

Send announcements to be emailed to all members to announce@stjohnorthodox.org

October 10, 2010



Martyrs Eulampius and Eulampia at Nicomedia

Saints Eulampius and Eulampia were brother and sister. They lived at the beginning of the fourth century in the city of Nicomedia. Eulampius became upset after reading the decree of the emperor Maximian (284-305) sentencing all Christians to execution. Eulampius was horrified that the emperor was taking up arms against his own subjects rather than fighting the enemies of his country.

The youth was brought to trial and commanded to renounce the Christian Faith. When he refused, they first raked him with iron hooks, and then placed him upon a red-hot bed of coals. All of a sudden the sufferer expressed a wish to visit the pagan temple. The judges were delighted, supposing that they had turned him from Christianity. In the pagan temple of Mars the saint approached the idol and cried out, "In the Name of the Lord Jesus Christ I command you to fall to the floor and crumble into dust!" The idol immediately crashed down to the floor and was destroyed.

The people exclaimed, "The Supreme God is the Christian God, Who is great and mighty!" St Eulampius was again taken away for torture. This time his sister, Eulampia, appeared before the judges and declared that she also was a Christian. Eulampius told her, "Sister, do not fear those who kill the body but are unable to kill the soul" (Mt.10:28).

The martyrs were tortured and thrown into a red-hot furnace, but the Lord protected them from the fire. Finally, they beheaded Eulampius, but Eulampia died from her torments before she could be beheaded.

Wisdom of the Fathers – On Attentive Prayer and Repentance

Try to pray attentively. If you become distracted, reproach yourself, "open yourself to God," and again force yourself to say the words of the prayer mindfully. Your heart will gradually soften and at times will respond with compunction and perhaps even tears. Give these moments wholly to prayer and do not heed the enemy who will find a thousand reasons for you to stop praying and to occupy yourself with something else.

SCHEDULE OF SERVICES & EVENTS

Sunday, October 10 – Orthros 9:00am; Divine Liturgy 10:00am; Sunday School following Liturgy; Lunch following

Tuesday, October 12 – Inquirer's/Catechism Class at Townsend's 7:00pm

Wednesday, October 13 – Vespers 6:00pm

Thursday, October 14 – "Taste Our Culture" Class: Greek Cuisine 6:30pm - 9:00pm

Friday, October 15 – Spiritual Circle 9:30am

Saturday, October 16 – "Taste Our Culture" Class: Greek Cuisine 11:00am - 1:30pm; Great Vespers 6:00pm

Sunday, October 17 – Sunday of Holy Fathers of Seventh Ecumenical Council - Orthros 9:00am; Divine Liturgy 10:00am; Sunday School following Liturgy; Lunch following

EPISTLE READERS

Oct 10 - Sbdcn. Barnabas Schaefer

Oct 17 - Tabitha Townsend

Oct 24 - Sbdcn. Mark (Eric) Townsend

CHURCH CLEANING

Week of Oct 11 – Townsends

Week of Oct 18 - Fellegy/Holman

Week of Oct 25 - Corey/Rush

*Contact Adam Roth if you would like to help.

LUNCHEON & CLEANUP

Oct 10 - Team 1 - Tsalaky, Ayoub M., Holmen, Goolsby, Vlahos, Fellegy

Oct 17 - Team 2 - Corey, Tecca, Roth, Ranson

Oct 24- Team 3 - Garbinski, Horton L., Tourous, Jenkin, Ayoub D., Weddle, O'Daniel

*Contact Mark Ayoub if you would like to join a lunch team, or have questions or comments.

PRAYERS FOR THE LIVING:

Paul Truebenbach, Inna Epling, Mike Kerr, Jim Ayres, Moses (Michael) Fillmore, Brian Finegan (husband of Shirley Jenkin's cousin), Mark & Christina Bischoff (friends of Bartimaeus), Mike Allen, Bonnie Christensen, Tammy (cousin of Nanette Sanman), Jess Akins & her daughter Hallee (friends of Trudy Olinger), Johanna Barnett, Bill Brisbane (Nanette's father), Jacob Hunter (Dan Monaghan's cousin in Afghanistan), Pamela Olsen, Mat. Michaela Fenn (wife of Fr. Mark Fenn), Fr. Michael Lewis, Jill Foss (friend of Jeane Wood), Joan (Allyson Gross' Mother), Nancy Schrom (Mary Charles' mother), Nancy Corey (Ed Corey's sister), Wanda (Mother of Lavonne Ayoub), Moses Kemper, Jamie Landers, Nikolai Kupcow, Lynda (Michelle Fellegy's mother), George Kucera, Bonnie (Jenny Dancy's mother).

PRAYERS FOR THE DEPARTED:

Nikolay, (father of Oksana Johnson), Sam (friend of Karen Karres), Archbishop Augustinos of Florina, Devin Austin & Ryan Reinhardt (friends of John Charles and Nanette Sanman), George El Hayek, Fr. Matthew MacKay.

ANNOUNCEMENTS

Icon Workshop Hosted by Eleni Shumacher + Diane Nolan – Nov 8 – 12th

Please consider coming to a four-day Icon Workshop hosted by two local iconographers, Eleni Schumacher and St. John's own Diane Nolan.

The workshop will be held November 8th through 12th, from 10am to 4pm at Holy Trinity Church in Spokane. The cost is \$250, which includes all materials. If you are interested, or have any questions, please call Diane at 208.667.2222 or Eleni at 208.88.5361.

Housekeeping Help Available - Mandy Goolsby is available for housekeeping work--\$25/a cleaning. Call or text if you are interested in hiring her to clean for you! 208-659-4938

Hospitality - Greeters Team

For the past six weeks it has been my pleasure to get to know the other members of our little community on a first name basis - and not just face only. It has been a joy to be there when new visitors come in and I get to be a part of their first time experience, hopefully making them feel welcome so they will come back again, if they are ready for this journey we call Orthodoxy Christianity. However since beginning the new Sunday School year I have found that I am not always able to be at greeters post on time...

So If you like people and you can smile, hand out a bulletin and wish someone a good morning, than you just might be ready to become a greeter! Get to know the people of our community better - by first name, meet and greet visitors that come for the first time! Easy, simple and enjoyable.

Time investment is **9:45am - 10:15am** on Sunday mornings for Divine Liturgy service. We would like to rotate this between 2-4 people, depending on the interest level.

If you would like to be a part in creating this team let me know. It is one of the most rewarding things I have done in a very long time. God Bless!

Contact LaVonne 208-818-3641

Winter Youth Retreat 2011 – January 14th-17th

Attention all 7th through 12th Graders: Save the date for the 2011 Pan-Orthodox Youth Winter Retreat: Martin Luther King Weekend, January 14-17

We are looking forward to seeing you and are planning a great weekend. The Retreat will be held at Cedar Springs Camp (same camp as last year) and we will be skiing (or playing games in lodge) at Stevens Pass!!!

Come see old and new friends, hang out, play games, challenge yourself on the ropes course, play laser tag, watch or perform in the talent show, and soak in spiritual truths.

Pan-Orthodox Youth Ministry Team
heartwood@premier1.net

Sisterhood Dues

It is that time of year again for the Sisterhood to send in dues to the diocese. Please give your dues of \$10.00 to Barbara Garbinski. Each parish is expected to send in \$200 to the diocese by November 1. Thank you!

The thought that "distracted prayer can be counted for sin," is from the devil. He tries by all means to divert one from prayer, knowing what good can result from it. Learn to discern the snares of the enemy and do not listen to him.

One cannot trust oneself; it is essential to labor in repentance. The Lord came to save sinners, but only those who repent. Judas sinned, but instead of repenting he fell into despair and perished. Apostle Peter repented and was reinstated in this apostolic dignity. Jerusalem sinned and was destroyed under the most terrible circumstances, as were Sodom and Gomorrah, Chorazin, Bethsaida, and Capernaum. Nineveh, on the other hand, repented and was saved. We are all sinners and in need of repentance. The universal sacrifice of Christ's suffering on the Cross benefits only those who repent. The Lord said to those whom He forgave: "Go and sin no more." One must take all precautions not to fall into grave sin. When a person is standing on the brink of an abyss, it is easy to push him over and make him fall. But when he is far away, he must be dragged to the abyss and in the meantime he can call for help. For this reason it is always best to keep away from places where one can easily fall into sin.

"Withdraw from the world and cleave unto God," as Saint Sisoës the Great advises. All things worldly will disappear like the fog, and what will we be left with if our soul is filled only with earthly things? Take pity on yourself and seek salvation. What benefit is there in acquiring the whole world if your soul is ruined?... May the Lord send you wisdom! May He keep you from all harm!

+*Abbot Nikon*

On Useful Anger - Be angry and sin not (Psalm 4:4). Be angry with yourself, brethren, and sin no more. Be angry at your sins of thoughts and deeds, and sin no more. Be angry with Satan the father of lies (John 8:44), and no longer do his will. Be angry at sin in the world and the trampling of God's holy Church by godless men, but beware that you do not cure sin by sin. Be angry with your friends when they sin; but be angry with the intention to correct them, and not to embitter them even more. The anger of a friend toward a friend, and the anger of parents toward their children-and of God toward men-is not a storm that uproots the tree but a wind that strengthens the tree, and rids it of rotten fruit so that the healthy fruit will increase in number and beauty. But let your anger have measure, so that it may be healing and not poisonous. In order to have this kind of control, keep God before you in your anger. There is no stronger containment for anger than God. All anger that is not in the name of God and God's righteousness is a sin. Do not become angry for the sake of idleness, but become angry for that at which God is angered. If your will is firmly set in God's law, you will always know when it is necessary to be angry, and how much is needed. This cannot be expressed entirely in words, nor can it even be explained to the uneducated. Anger, in its place, acts as mercy does in its place. O my brethren, do you see how various powers are placed in our souls, and man, by his free will, can utilize them for life or death? Anger toward oneself can never be recommended enough. Here is a wonderful example: the more a man learns to be angry with himself, the less he is angry with others. Carried away with anger at his own weaknesses, he either does not see the weaknesses of others, or when he does see them, he judges them kindly.

O Lord God, Thou only righteous One, implant in us the remembrance of the Day of Thy righteous anger, so that we may protect ourselves from spiritual sin. To Thee be glory and praise forever. Amen. +*St. Nicolai Velimirovich, THE PROLOGUE*

The Reading from the Epistle of St. Paul to the Galatians. (1:11-19)

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

The Reading from the Holy Gospel according to St. Luke. (7:11-16)

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

October is Archdiocese Youth Month

October is the month to introduce teens to the many opportunities to minister in the Church, including such activities as reading the Epistle, taking the collections, chanting, singing in the Choir, helping in the Church School, and giving sermons approved by the priest. While we want teens always to be active in the services of the Church, October has been set aside in particular to recognize our teens and to give them more opportunities to serve. Please see Subdeacon Mark to see how your teen can help.

APOLYTIKION OF SS. EULAMPIOS & EULAMPRIA IN TONE FOUR

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

KONTAKION FOR ORDINARY SUNDAYS IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

ANNOUNCEMENTS

We Need You St. Johns! Join the Team for the Festival – Oct 31st

We would LOVE to have your help as we organize this FUN event for the whole family, as well as our neighbors and friends! You can help by bringing food, running games or activities, music, etc. For the Cake Walk, we need cakes or plates of cupcakes, brownies or cookies (homemade is best please).

We can also use monetary donations to help cover costs and buy prizes. If you have a monetary donation, please give it to Lavonne Ayoub.

If you are able to bring a non-perishable item (candy, apple cider, fritos, etc.) please bring to the Parish Hall and **label it "For Festival."** If you can help with perishable items (chili, hot dogs, buns, cake walk items, etc), AND/OR you would like to volunteer to help with activities, games, music, please contact Tiffany Gallatin at 208.819.3221 or gali28@roadrunner.com.

Thank YOU for your help in making this a blessed event for our parish and community!

2010 Orthodox Conference on Missions and Evangelism

The Department of Missions and Evangelism would like you to know that the Orthodox Conference on Missions and Evangelism, scheduled for October 15-17 at St. Nicholas Antiochian Orthodox Church in Grand Rapids, Michigan, is now being offered free to all! We are able to do this due to the generosity and vision of a few last-minute sponsors.

Conference presentations and workshops are designed to help participants better understand and articulate the Christian Gospel as understood by the Orthodox Church, and learn how to share the gospel of the Kingdom of God with others. We would like as many people as possible to take advantage of this very important educational and inspirational event. Non-Orthodox Christians who would like to learn more about our Faith also are welcome!

Presenters include Fr. Nicholas Triantafilou (President of Holy Cross Seminary), Fr. Peter Gillquist (chair of the Department of Missions and Evangelism), Fr. Wilbur Ellsworth (pastor of Holy Transfiguration Antiochian Orthodox Church in Warrenville, Illinois), and Deacon Michael Hyatt (President and CEO of Thomas Nelson, Inc, the world's largest publisher of Bibles and Christian books). Dn. Michael will lead an outreach seminar on Saturday evening of the Conference at 8:00pm, "The Pre-denominational Christ for a Post-denominational America."

The conference schedule and registration form are available in the Narthex.

Inquirer's/Catechism Class - Tuesday

Our Inquirer's/Catechism Class meets each Tuesday at 7:00 P.M. at the home of Eric & Joanna Townsend! All are invited to please attend! This is an opportunity to learn (or re-learn!) the basics of Holy Orthodoxy in the context of a discussion format. Fr. Basil will be teaching the Symbol of our Faith, the Nicene-Constantinopolitan Creed which we confess every Sunday just before the Holy Anaphora in the Divine Liturgy. We hope to see you there! **Townsend Residence: 4471 E. Canvasback Ave. Post Falls.**